

*"We'll spend the day understanding the fundamentals of taking a stand for oneself, supporting oneself from a position of strength. We'll see how different life can be if we do take a stand."*

**Sean Stephenson**



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Staff photo by Dennis Sieron

## SEMINAR

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very complicated. The solutions though are very simple. We'll spend the day understanding the fundamentals of taking a stand for oneself, supporting oneself from a position of strength. We'll see how different life can be if we do take a stand," Stephenson said.

The seminar will include guest speakers talking about physical fitness, personal finance, and organizing life as a woman, as well as a live musical performance.

"The format will be fun, entertaining and thought-provoking. It will feel more like a fun outing and attendees will barely notice that it's a learning experience," Stephenson said.

"The best part of Sean is that his ideas and the things he says and teaches are not hard at all. It's common sense. He makes sense. You hear it once and it's like 'duh'. It's completely applicable to your life," Baxter said.

Stephenson said that he believes his audience for "Raise Your STANDards

Now" will consist of two types of women.

"Some have a lot of what they want in life, but not exactly the way they want it. The other group of women feels that they're totally out of control. That their life doesn't look at all as they imagined," he said.

"His message is one that people need to hear, regarding all the different components of life. Everyone has relationships, families, careers, mental state, spiritual state and physical health. You need to be happy with all of these areas, and raise the standards in each so that they can hit their goals," Baxter said.

"I want women to take a stand for themselves, not for others, so they can get the maximum experience for life. We'll create, in one day, a tremendous transformation," Stephenson concluded.

Registration for the "Raise Your STANDards Now" is available by calling Dawn Nelson at (866) 294-1582, or visiting [www.raiseyourstandardsnow.com](http://www.raiseyourstandardsnow.com). The fee is \$95 and each paying attendee is invited to bring a friend free. The first 11 registrations from this Suburban Life article will be free of charge.